

ADVANCING UNDERSTANDING OF NUTRITION MANAGEMENT OF BARIATRIC PATIENTS



Thursday, September 17, 2020 | 7:00 - 8:15 p.m. ET

FACULTY



Moderator:
Ms. Roshni John, RD
Registered Dietitian, Bariatric Clinic
Humber River Hospital



Speaker:
Ms. Carlene Johnson Stoklossa, MSc RD
Registered Dietitian II
Team Lead Chronic Disease Management –
Edmonton Zone Nutrition Services
Alberta Health Services



Speaker:
Ms. Rory Hornstein, RD
Registered Dietitian
Bachelor of Education
Certified Bariatric Educator
Specialist in the dietary management of
IBS using a low FODMAP diet
(completed FODMAP training through
the Monash University in Australia)



Speaker:
Dr. Nooshin Alizadeh-Pasdar, PhD, RD
Registered Dietitian
Metabolic and Bariatric Surgery
Vancouver Coastal Health



CABPS President:
Stephen Glazer, MD, FRCP(C), FCCP
President of the Canadian Association of
Bariatric Physicians and Surgeons
Diplomat of the American Board of
Obesity Medicine
Medical Director Bariatric Surgical
Program, Humber River Regional Hospital
Assistant Professor-Department of
Medicine, Queen's University
Lecturer- Department of Internal Medicine,
University of Toronto

OBJECTIVES

- ▶ To understand the effects of weight loss on muscle mass and therapeutic strategies to improve and preserve lean muscle mass
- ▶ Understanding the gut microbiome and its influence on nutritional status of bariatric patients
- ▶ To support clinicians, develop practical skills in counselling bariatric patients who practise religious fasting post bariatric surgery

AGENDA

- 7:00 pm - 7:05 pm **Welcome and Opening Remarks**
Speaker: Dr. Stephen Glazer, MD, FRCP(C), FCCP
- 7:05 pm - 7:20 pm **Preserving Muscle Mass in Bariatric Care**
Speaker: Ms. Carlene Johnson Stoklossa, RD
- 7:20 pm - 7:35 pm **Gut Nutrition Post Gastric Bypass Surgery**
Speaker: Ms. Rory Hornstein, RD
- 7:35 pm - 7:50 pm **Religious Fasting Post Bariatric Surgery**
Speaker: Dr. Nooshin Alizadeh-Pasdar, PhD, RD
- 7:50 pm - 8:10 pm **Panel Discussion**
Moderator: Ms. Roshni John, RD
- 8:10 pm - 8:15 pm **Closing Remarks**
Speaker: Dr. Stephen Glazer, MD, FRCP(C), FCCP

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des MEDECINS et CHIRURGIENS BARIATRIQUES
The CANADIAN ASSOCIATION of
BARIATRIC PHYSICIANS and SURGEONS

Canadian Association of Bariatric Physicians and Surgeons

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