

TRUTHS, MYTHS AND CONTROVERSIES: "BEST" CLINICAL EVIDENCE



Disordered Eating Behaviour with a Focus on Night Eating

Monday, August 9, 2021
7:00 – 8:30 p.m. ET

OBJECTIVES

- To understand how Sleep Dysfunction can influence eating behaviour
- To become familiar with Sleep Related Eating disorder and Night Eating disorder
- How to screen, diagnose and manage these disorders through a discussion of relevant case studies

AGENDA

7:00 pm - 7:05 pm **Welcome and Opening Remarks**
Speaker: Stephen Glazer, MD, FRCP(C), FCCP

7:05 pm - 7:25 pm **Approach to Eating at Night**
Speaker: Atul Khullar, MD, MSc., FRCP(C), DABPN (Cert. Sleep Medicine)

7:25 pm - 7:55 pm **Case Presentations**
Speakers: Sarah Chapelsky, MD, FRCP(C)
David Harris, MD, FRCP(C)

7:55 pm - 8:10 pm **Treatment and Management**
Speakers: Atul Khullar, MD, MSc, FRCPC, DABPN (Cert. Sleep Medicine)
Stephen Glazer, MD, FRCP(C), FCCP

8:10 pm - 8:25 pm **Panel Discussion**
Moderator: Tony Chetty, MD, FRCP(C), MSc.
Panelists: Sarah Chapelsky, MD, FRCP(C)
Stephen Glazer, MD, FRCP(C), FCCP
Atul Khullar, MD, MSc., FRCP(C) DABPN (Cert. Sleep Medicine)
David Harris, MD, FRCP(C)

8:25 pm - 8:30 pm **Closing Remarks**
Speaker: Stephen Glazer, MD, FRCP(C), FCCP



Continuing Medical Education
This event is an accredited group learning activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

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L'ASSOCIATION CANADIENNE
des MEDECINS et CHIRURGIENS BARIATRIQUES
The CANADIAN ASSOCIATION of
BARIATRIC PHYSICIANS and SURGEONS

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FACULTY



MODERATOR:
Tony Chetty, MD, FRCP(C), MSc.
Associate Professor, Dept of Pathology and Molecular Medicine, McMaster University
Medical Director, Bariatric Medical Clinic, St. Joseph's Healthcare, Hamilton
Chair, Bariatric Medical Program Committee, Ontario Bariatric Network



PANELIST:
Atul Khullar, MD, MSc, FRCPC, DABPN (Cert. Sleep Medicine)
Fellow American Academy of Sleep Medicine
Diplomate, American Board of Obesity Medicine
Medical Director, Northern Alberta Sleep Clinic
Associate Clinical Professor, University of Alberta
Consultant Psychiatrist, Medsleep, Sleep, Mood and Anxiety Clinic, Grey Nuns Hospital, Edmonton Oilers Hockey Team



PANELIST:
Sarah Chapelsky, MD, FRCP(C)
Diplomate of the American Board of Obesity Medicine
Director, Women's Preoperative Weight Loss Clinic, Royal Alexandra Hospital
Clinical Lecturer, University of Alberta



PANELIST:
David E. Harris, MD, FRCP(C)
Diplomate of the American Board of Obesity Medicine
Richmond Metabolic and Bariatric Surgery Program
LEAF Weight Management Clinic



CABPS PRESIDENT:
Stephen Glazer, MD, FRCP(C), FCCP
President, Canadian Association of Bariatric Physicians and Surgeons
Diplomate of the American Board of Obesity Medicine
Medical Director, Bariatric Surgical Program, Humber River Hospital
Assistant Professor, Department of Medicine, Queen's University
Lecturer, Department of Internal Medicine, University of Toronto