

VIRTUAL MENTAL HEALTH DURING COVID-19:

ADAPTING TO THE NEW NORMAL IN OBESITY CARE



Thursday, August 6, 2020 | 7:00 - 8:15 p.m. ET

FACULTY



Moderator:
Sanjeev Sockalingam,
MD, MHPE, FRCP(C)

Vice President, Education
Clinician Scientist
Centre for Addiction and Mental Health
Professor & Vice-Chair, Education
Department of Psychiatry
University of Toronto
Psychosocial Director,
TWH Bariatric Surgery Program
University Health Network



Speaker: Stephanie E. Cassin,
Ph.D., C.Psych.

Associate Professor and Director of
Clinical Training
Department of Psychology
Ryerson University



Speaker: Dayna Lee-Baggley,
PhD

Registered Clinical Psychologist
Assistant Professor
Department of Family Medicine
Dalhousie University
Halifax, Nova Scotia



Speaker: Allison Crawford,
MD, PhD

Associate Professor
Department of Psychiatry
University of Toronto
Associate Chief and Psychiatrist
CAMH Virtual Mental Health and Outreach



CABPS President:
Stephen Glazer,
MD, FRCP(C), FCCP

President of the Canadian Association of
Bariatric Physicians and Surgeons
Diplomat of the American Board of
Obesity Medicine
Medical Director Bariatric Surgical
Program, Humber River Regional Hospital
Assistant Professor-Department of
Medicine, Queen's University
Lecturer- Department of Internal Medicine,
University of Toronto

OBJECTIVES

- ▶ To identify how COVID-19 has changed the delivery of bariatric psychosocial care
- ▶ To describe an approach to supporting clinicians' self-care during virtual obesity care delivery
- ▶ To summarize practical skills in obesity care to better support patients' mental health during this pandemic.

AGENDA

7:00 pm - 7:05 pm **Welcome and Opening Remarks**
Speaker: Dr. Stephen Glazer

7:05 pm - 7:20 pm **Redefining Bariatric Psychosocial Care During COVID-19 – The New Normal**
Speaker: Dr. Stephanie Cassin

7:20 pm - 7:35 pm **Virtual Self-Care – Promoting Mental Health in Bariatric Providers**
Speaker: Dr. Allison Crawford

7:35 pm - 7:50 pm **Supporting Patients' Mental Health During Pandemic Uncertainty: Practical Approaches in Obesity Care (Focus on Acceptance and Commitment Therapy Principles)**
Speaker: Dr. Dayna Lee-Baggley

7:50 pm - 8:00 pm **Panel Discussion**
Moderator: Dr. Sanjeev Sockalingam

8:00 pm - 8:15 pm **Closing Remarks**
Speaker: Dr. Sanjeev Sockalingam

[CLICK HERE TO REGISTER](#)



L'ASSOCIATION CANADIENNE
des MEDECINS et CHIRURGIENS BARIATRIQUES

The CANADIAN ASSOCIATION of
BARIATRIC PHYSICIANS and SURGEONS

Canadian Association of Bariatric Physicians and Surgeons

2800 - 14th Avenue, Suite 210, Markham, Ontario L3R 0E4

Local Tel: (416) 491-2886 x 236 • Fax: (416) 491-1670 • Email: info@cabps.ca • Website: www.cabps.ca