

# WEBINAR SERIES CABPS MEDICAL NUTRITION THERAPY

## Current Concepts and Clinical Applications for Protein Supplements Post Bariatric Surgery

Tuesday, October 24, 2023 | 7:00 p.m. – 8:15 p.m. ET

### OBJECTIVES

- To understand the role of dietary protein in the regulation of skeletal muscle protein turnover.
- To understand how periods of skeletal muscle disuse affect skeletal muscle protein turnover.
- To explore the role of essential amino acids and omega-3 fatty acids in mitigating skeletal muscle loss with disuse.

### AGENDA

- 7:00 pm - 7:05 pm **Welcome and Opening Remarks**  
Speaker: Stephen Glazer, MD, FRCPC, FCCP, FAASM
- 7:05 pm - 7:45 pm **Current Concepts and Clinical Applications for Protein Supplements Post Bariatric Surgery**  
Speaker: Chris McGlory, PhD
- 7:45 pm - 8:05 pm **Question and Answer Period**  
Moderator: Carlene Johnson Stoklossa, BA, BSc., RD, MSc., CDE
- 8:05 pm - 8:15 pm **Closing Remarks**  
Speaker: Stephen Glazer, MD, FRCPC, FCCP, FAASM

SECTION 2  
CREDITS APPLY

### Continuing Medical Education

This event is a Section 2 Self-Learning activity as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.

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### FACULTY



#### MODERATOR:

**Carlene Johnson Stoklossa, BA, BSc., RD, MSc., CDE**

Dietitian II Team Lead for Chronic Disease Management, Edmonton Zone, Nutrition Services



#### SPEAKER:

**Chris McGlory, PhD**

Assistant Professor  
School of Kinesiology and Health Studies  
Department of Medicine  
Queen's University



#### CABPS PRESIDENT:

**Stephen A. Glazer, MD, FRCPC(C), FCCP, FAASM**

Diplomate of the American Board of Obesity Medicine  
President of the Canadian Association of Bariatric Physicians and Surgeons  
Medical Director Bariatric Surgical Program, Humber River Regional Hospital  
Assistant Professor-Department of Medicine, Queen's University



L'ASSOCIATION CANADIENNE  
des MEDECINS et CHIRURGIENS BARIATRIQUES

The CANADIAN ASSOCIATION OF  
BARIATRIC PHYSICIANS and SURGEONS

Canadian Association of Bariatric Physicians and Surgeons

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