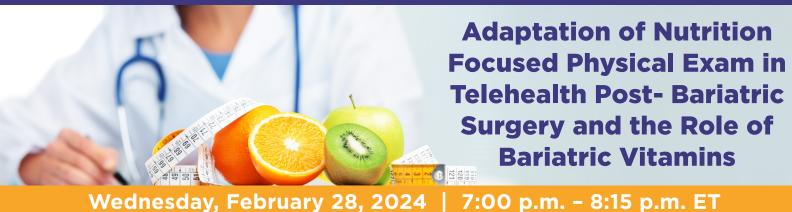
## WEBINAR SERIES

# **CABPS MEDICAL NUTRITION THERAPY**



Wednesday, rebruary 20, 2024 | 7.00 p.m. 0.15 p.m. LT

This session is for registered dietitians and health care providers interested in conducting nutrition assessments via tele-health. Participants will learn how to incorporate a Nutrition Focused Physical Exam (NPFE) in video or telephone encounters; what vitamin and mineral deficiencies to watch for and the use of bariatric-specific vitamin/mineral supplements for preventing and treating micronutrient deficiencies after metabolic/bariatric surgery.

Learning Outcomes: After this presentation, the attendee should be able to....

- 1. Describe how a telehealth nutrition assessment is conducted with individuals that have undergone metabolic/bariatric surgery.
- **2.** Apply at least 1-2 Nutrition Focused Physical Exam (NFPE) questions into telehealth nutrition assessments.
- **3.** Recognize barriers of telehealth nutrition assessments.
- **4.** Suggest vitamin/mineral supplementation for the prevention and treatment of deficiencies after bariatric surgery.

### AGENDA

**OBJECTIVES** 

7:00 pm - 7:05 pm	Welcome and Opening Remarks Speaker: Stephen Glazer, MD, FRCPC, FCCP, FAASM
7:05 pm - 7:45 pm	Adaptation of Nutrition Focused Physical Exam in Telehealth Post- Bariatric Surgery and the Role of Bariatric Vitamins Speaker: Jennifer Brown, MSc, RD, CBE
7:45 pm - 8:05 pm	<b>Question and Answer Period</b> Moderator: Roshni John, MSc, RD, CDE
8:05 pm - 8:15 pm	Closing Remarks Speaker: Stephen Glazer, MD, FRCPC, FCCP, FAASM



#### **Continuing Medical Education**

This event is a Section 1 Self-Learning activity as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada.





#### Canadian Association of Bariatric Physicians and Surgeons

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**FACULTY** 

MODERATOR:
Roshni John, Msc, RD, CDE
Registered Dietitian, Bariatric Clinic
Humber River Hospital



SPEAKER:
Jennifer Brown, Msc, RD, CBE
Registered Dietitian | Dietetiste
Professionnelle
Chair, Bariatric Quality Improvement Committee
The Ottawa Hospital Bariatric Centre

of Excellence



CABPS PRESIDENT: Stephen A. Glazer, MD, FRCP(C), FCCP, FAASM

Diplomate of the American Board of Obesity Medicine
President of the Canadian Association
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Medical Director Bariatric Surgical
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