

# Canadian Obesity Weekend



## METABOLIC BENEFITS OF BARIATRIC SURGERY AND MEDICINE PRELIMINARY PROGRAM

**MAY 18 - 20, 2017**

**SHERATON ON THE FALLS  
5875 FALLS AVENUE  
NIAGARA FALLS, ONTARIO  
CANADA**

**Endorsed by**  **ASMBS**



L'ASSOCIATION CANADIENNE  
des MEDECINS et CHIRURGIENS BARIATRIQUES  
The CANADIAN ASSOCIATION of  
BARIATRIC PHYSICIANS and SURGEONS



## MESSAGE FROM THE PRESIDENT



Dear Colleague,

On behalf of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), IFSO North American Chapter (IFSO NAC), and the 2nd International Consensus Conference on Duodenal Switch (ICCDs 2017) I am pleased to extend this invitation to attend Canadian Obesity Weekend to our colleagues in the field of obesity and related disorders. This event, a first in Canada is scheduled for May 18-20, 2017 at the Sheraton on the Falls in Niagara Falls, Ontario, Canada.

The event will kick off with our Pre-Conference Workshop on Duodenal Switch hosted by ICCDs 2017. The scientific content of the Workshop will provide the opportunity to hear from **15 renowned international leaders** as they share their expertise on DS and its variants. The program will feature **8 live surgeries** by high caliber operators from around the world.

The CABPS and IFSO NAC Conference will begin on day two with a heavy focus on "Metabolic Benefits of Bariatric Surgery and Medicine." We will focus on weight re-gain, diabetes and microbiota, as well as the larger picture (including needs assessment in bariatric care, improving access to care in bariatric surgery and, as always, best practices). Bariatric medicine and surgery take a holistic approach, considering the role of patient psychology and the patient's support system as well as surgery and direct medical interventions.

We hope delegates will participate in our social events Thursday and Friday evenings; they are an opportunity to build and enhance your contacts and friendships in a more relaxed setting.

Niagara Falls is a beautiful city, rich in history, and offers many attractions and fun-filled activities. We invite you to bring your family to enjoy a bit of our Canadian heritage and culture.

Sincerely,

**CANADIAN ASSOCIATION OF BARIATRIC PHYSICIANS AND SURGEONS**

*Laurent Biertho*

Laurent Biertho, MD  
President

# GENERAL INFORMATION

## Hotel Information

Sheraton on the Falls Hotel  
5875 Falls Avenue  
Niagara Falls, ON  
CANADA L2G 3K7  
Tel: (905) 374-4445



The Sheraton on the Falls Hotel is one of the largest, and most luxurious of the Falls view hotels in Niagara Falls, Canada. It has floor to ceiling windows and is located directly across from the Falls in the heart of Niagara's premier Falls view tourist district. The Sheraton has an indoor connections to attractions, restaurants and Casino Niagara and is the cornerstone of the largest indoor waterpark and entertainment resort in North America.

**Reservation:** Visit the CABPS website for a direct online hotel reservation link.  
([cabps.ca/Conference2017/for-delegates/hotel-information](http://cabps.ca/Conference2017/for-delegates/hotel-information))

### Room Rates:

\$149 – City View      \$179 – Falls View

### Highlights:

- Fitness Centre
- Full Service Spa
- Lobby Lounge
- High Speed Wireless Internet
- Indoor & Outdoor Swimming Pool
- Indoor Waterpark



## Getting There



### Travel by Air

Most major airlines offer direct flights to Toronto Pearson International Airport, year-round.



### Airport Shuttle Service

**Niagara Airbus** offers door-to-door shuttle service from Toronto Pearson International and Buffalo International Airports to the conference hotel, Sheraton on the Falls. Visit [www.niagaraairbus.com](http://www.niagaraairbus.com) or call **905-374-8111** to book your ground transportation needs and use the **CABPS delegate discount code: 430**.

### By Train/Bus

Travelling by train or bus is a convenient and fascinating way to get to Niagara Falls.



To book call: **1 888 VIA-RAIL (1-888-842-7245)** or  
([www.viarail.ca/en](http://www.viarail.ca/en))



To book call: **1-888-GET-ON-GO (438-6646)** or  
([www.gotransit.com](http://www.gotransit.com))





## METABOLIC BENEFITS OF BARIATRIC SURGERY AND MEDICINE

CABPS Annual Meeting in Conjunction with IFSO NAC and DS CONSENSUS

4th Annual Obesity Conference

2nd International Consensus Conference on Duodenal Switch



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## PROGRAM AT A GLANCE

Friday, May 19, 2017

07:00 - 17:30 REGISTRATION OPEN

07:00 - 09:00 BREAKFAST

08:00 - 08:05 WELCOME & OPENING REMARKS

Speaker: Drs. Laurent Biertho, Stephen Glazer

### PLENARY SESSIONS

**08:05 - 09:30 MANAGING WEIGHT REGAIN**

Co-Chairs: Drs. Stephen Glazer, Scott Gmora

08:05 - 08:20 **Neurohormonal Impacts of Weight Regain**

Speaker: Ms. Jennifer Brown

08:20 - 08:35 **Psychology of Weight Regain**

Speaker: Dr. Valerie Taylor

08:35 - 08:50 **Lifestyle Management of Weight Regain**

Speaker: Dr. Judy Shiau

08:50 - 09:05 **Weight Regain and The Use of Pharma**

Speaker: Dr. Joseph Shaban

09:05 - 09:20 **Surgical Options for Weight Regain**

Speaker: Dr. Stacy Brethauer, ASMBS

09:20 - 09:30 **Panel Discussion**

**09:30 - 10:10 DEBATE: ONE-ANASTOMOSIS GASTRIC BYPASS**

Chair: Dr. John Hagen

09:30 - 09:45 **PRO** - Speaker: Dr. Jacques Himpens

09:45 - 10:00 **CON** - Speaker: Dr. Nicholas Christou

10:00 - 10:10 **Panel Discussion**

10:10 - 10:40 **NUTRITION BREAK, EXHIBITOR AND POSTER VIEWING**

**10:40 - 11:10 KEYNOTE ADDRESS: Setting Standards in Bariatric Care**

Speaker: Dr. Stacy Brethauer, ASMBS

### PLENARY SESSIONS CONTINUED

**11:10 - 12:30 BEST PRACTICES IN METABOLIC CARE**

Co-Chairs: Drs. Ronald Eliosoff, Marie-Philippe Morin

11:10 - 11:25 **Surgery for T2D and the New IDF Statements**

Speaker: Dr. Ronald Eliosoff

11:25 - 11:40 **Medical Therapy After Bypass - The Internist Perspective**

Speaker: Dr. Priya Manjoo

11:40 - 11:55 **Hypoglycemia After Bypass**

Speaker: Ms. Michelle Mountain, RD

11:55 - 12:10 **Metabolic Complications with Duodenal Switch**

Speaker: Dr. Marie-Philippe Morin

12:10 - 12:30 **Panel Discussion**

12:30 - 13:30 **KEYNOTE LUNCH SYMPOSIUM:**

Open to minimally invasive surgery, the revolution is still underway

Speaker: Dr. Steven Schwaitzberg

### CONCURRENT SESSIONS

**13:30 - 15:30 INTERNAL MEDICINE: THINGS WE DON'T KNOW OR NEED TO KNOW MORE ABOUT**

Co-Chairs: Drs. Stephen Glazer, David Lau

13:30 - 13:55 **Medications Post Bariatric Surgery**

Speaker: Dr. Stephen Glazer

13:55 - 14:20 **Bariatric Surgery and Bone Metabolism**

Speaker: Dr. Claudia Gagnon



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## PROGRAM AT A GLANCE

Friday, May 19, 2017

### CONCURRENT SESSIONS CONTINUED

- 14:20 - 14:45 **Fertility, Pregnancy and Polycystic Ovary Post Bariatric Surgery**  
Speaker: Dr. Maria Tiboni
- 14:45 - 15:10 **Can we identify who are the responders to bariatric surgery?**  
Speaker: Dr. David Lau
- 15:10 - 15:30 **Panel Discussion**

### 13:30 - 15:30 ALLIED HEALTH AND NUTRITION

Co-Chairs: Dr. Judy Shiao,  
Ms. Michelle Mountain

- 13:30 - 13:55 **Nutrition-Focus Physical Assessment in Bariatric Patients: Identifying Micronutrients Deficiencies**  
Speaker: Ms. Tori Coates, RD
- 13:55 - 14:20 **Managing GI Challenges After Surgery**  
Speaker: Ms. Patti Kastanias, RN
- 14:20 - 14:45 **Pregnancy Post-op - Nutrition Management**  
Speaker: Ms. Lisa Kaouk, RD
- 14:45 - 15:10 **Alcohol After Bariatric Surgery**  
Speaker: Ms. Roshni John, RD
- 15:10 - 15:30 **Panel Discussion**

### 13:30 - 15:30 MENTAL HEALTH UPDATE

Co-Chairs: Drs. Valerie Taylor,  
Richard Yanofsky

- 13:30 - 14:00 **Should we refer all patients for psychological evaluation?**  
Speakers: Dr. Valerie Taylor
- 14:00 - 14:30 **Psychosocial Impact of Surgery: How Weight Loss Impacts Families**  
Speaker: Ms. Anna Wallwork
- 14:30 - 15:00 **Psychiatric Diseases as Predictors of Poor Weight Loss Outcomes**  
Speaker: Dr. Richard Yanofsky
- 15:00 - 15:30 **Panel Discussion**

### CONCURRENT SESSIONS CONTINUED

### 13:30 - 15:30 BARIATRIC SURGERY - ACCEPTED PAPERS

Co-Chairs: Drs. Mehran Anvari, Léonie Bouvet

- 13:30 - 13:45 **Insulin Dependent Diabetics' Response to Bariatric Surgery**  
Speaker: Dr. Mehran Anvari
- 13:45 - 14:00 **Medium-Term Outcomes of Bariatric Surgery in the Elderly**  
Speaker: Dr. Alexandre Bougie
- 14:00 - 14:15 **Nutritional Impact of Sleeve Gastrectomy**  
Speaker: Dr. Léonie Bouvet
- 14:15 - 14:30 **Endoscopic Management of Post Laparoscopic Sleeve Gastrectomy Stenosis**  
Speaker: Dr. Valerie Deslauriers
- 14:30 - 14:45 **Mastery in Bariatric Surgery: The long-term surgeon learning curve of roux-en-y-gastric bypass**  
Speaker: Dr. Aristithes Doumouras
- 14:45 - 15:00 **Early experience and outcomes of robotic assisted bariatric surgery in patients submitted to conversion bariatric surgery in a tertiary level hospital in Mexico City, Mexico**  
Speaker: Dr. Omar Felipe Gaytán Fuentes
- 15:00 - 15:15 **Incidence in Venous Thromboembolism (VTE) Following Bariatric Surgery in a Bariatric Centre of Excellence in Hamilton (BCoE), Ontario**  
Speaker: Dr. Maria Tiboni
- 15:15 - 15:30 **Panel Discussion**
- 15:30 - 16:00 **NUTRITION BREAK, EXHIBITOR AND POSTER VIEWING**



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ICCDs  
2017



## PROGRAM AT A GLANCE

Friday, May 19, 2017

### CONCURRENT SESSIONS CONTINUED

- 16:00 - 17:30 SURGICAL VIDEO SESSION**  
(Includes Q & A)  
Co-Chairs: Drs. Lazar Klein,  
Simon Marceau
- 16:00 - 16:15 **Lap RYGB With Hand-Sewn Anastomosis**  
Speaker: Dr. Francois Julien
- 16:15 - 16:30 **Conversion of Gastric Band to Sleeve Gastrectomy**  
Speaker: Dr. Pierre Garneau
- 16:30 - 16:45 **Management of Choledocholithiasis After RYGB**  
Speaker: Dr. John Hagen
- 16:45 - 17:00 **Endoscopic Management of Leak After SG**  
Speaker: Dr. Laurent Biertho
- 17:00 - 17:15 **Surgical Management of Leak After SG**  
Speaker: Dr. Lazar Klein
- 17:15 - 17:30 **Panel Discussion**

### 16:00 - 17:30 BARIATRIC MEDICINE & MENTAL HEALTH (ACCEPTED PAPERS)

- Co-Chairs: Dr. Stephen Glazer,  
Ms. Cassandre Julien
- 16:00 - 16:13 **Reactive Hypoglycemia Post Sleeve Gastrectomy: A Case Study**  
Speaker: Dr. Nooshin Alizadeh-Pasdar
- 16:13 - 16:26 **An Evaluation of Geographic and Socioeconomic Factors Affecting the Delivery of Bariatric Surgery in Canada**  
Speaker: Dr. Aristithes Doumouras
- 16:26 - 16:39 **Do psychological and behavioral factors influence weight changes before bariatric surgery?**  
Speaker: Ms. Cassandre Julien

### CONCURRENT SESSIONS CONTINUED

- 16:39 - 16:52 **Exploring Pre-Surgery and Post-Surgery Substance Use in Relation to Metabolic and Psychiatric Outcomes After Bariatric Surgery: A systematic review**  
Speaker: Ms. Sarah Kanji
- 16:52 - 17:05 **A Review of the Economics of Bariatric Surgery**  
Speaker: Dr. Ronald Eliosoff
- 17:05 - 17:18 **Prevalence of Depression and Anxiety Symptoms and their Impact on Health Quality of Life in Bariatric Surgery Candidates**  
Speaker: Ms. Avril Gagnon-Chauvin
- 17:18 - 17:30 **Panel Discussion**

### 16:00 - 17:30 DUODENAL SWITCH AND REVISIONAL SURGERY (ACCEPTED PAPERS)

- Co-Chairs: Dr. Michel Gagner and  
Mr. Eden Liu
- 16:00 - 16:13 **Laparoscopic Wedge Resection of Gastrojejunostomy for Weight Recidivism After Gastric Bypass**  
Speaker: Dr. Alexandre Bougie
- 16:13 - 16:26 **Review of Conversion of Vertical Banded Gastroplasty to Roux-en-y in a Canadian Bariatric High Volume Centre**  
Speaker: Dr. Laurie Fasola
- 16:26 - 16:39 **Second-stage Duodenal Switch for Weight Loss Failure After Sleeve**  
Speaker Dr. Léonie Bouvet
- 16:39 - 16:52 **Is routine cholecystectomy still necessary during biliopancreatic diversion with duodenal switch?**  
Speaker: Dr. Paryse Johnson



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### CONCURRENT SESSIONS CONTINUED

- 16:52 - 17:05 **A Case of Scurvy Following Bariatric Surgery**  
Speaker: Mr. Eden Liu
- 17:05 - 17:18 **Serum Parathyroid Hormone and 25-Hydroxy Vitamin D Concentrations Before and After Biliopancreatic Diversion**  
Speaker: Dr. Vanessa Tardio
- 17:18 - 17:30 **Panel Discussion**

**17:30 - 19:30 PRESIDENT'S COCKTAIL RECEPTION**



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## PROGRAM AT A GLANCE

### Saturday, May 20, 2017

07:00 - 11:00 REGISTRATION OPEN

07:00 - 08:30 BREAKFAST

07:30 - 08:20 CABPS ANNUAL GENERAL MEETING

(Closed Meeting - Members only)

### PLENARY SESSIONS

- 08:30 - 10:00 NEW THERAPY**  
Co-Chairs: Drs. Amy Neville, Sharadh Sampath
- 08:30 - 08:45 **Endoscopic Balloons - What's new?**  
Speaker: Dr. Lawrence Cohen
- 08:45 - 09:00 **New Medical Therapies**  
Speaker: Dr. Judy Shiau
- 09:00 - 09:15 **Aspire Assist**  
Speaker: Dr. Amy Neville
- 09:15 - 09:30 **New Nutritional Guidelines**  
Speaker: Ms. Jennifer Brown
- 09:30 - 09:45 **Endoscopic Stapling and Bypass**  
Speaker: Dr. Sharadh Sampath
- 09:45 - 10:00 **Panel Discussion**

- 10:00 - 10:40 **MINI-SYMPOSIUM: How to Promote Standards and Improve Access to Care**  
Chair: Dr. Michel Gagner
- 10:00-10:30 **Centres of Excellence and Quality, Decreasing Readmissions Through Opportunities Provided - The DROP Initiative**  
Speaker: Dr. Scott Shikora
- 10:30 - 10:40 **Panel Discussion**

- 10:40-11:00 PRESIDENTIAL ADDRESS**  
Speaker: Dr. Laurent Biertho

### PLENARY SESSIONS CONTINUED

- 11:00-11:30 **NUTRITION BREAK, EXHIBITOR AND POSTER VIEWING**
- 11:30-13:00 METABOLIC CHANGES AFTER SURGERY**  
Co-Chairs: Drs. Tony Chetty, Scott Shikora
- 11:30-11:40 **Microbiota Changes After Surgery**  
Speaker: Dr. André Tchernof, PhD
- 11:40-11:50 **New Changes in Gut Hormone After Surgery**  
Speaker: Dr. David Lau
- 11:50-12:00 **Update on Research from Harvard on Obesity and Obesity Surgery**  
Speaker: Dr. Scott Shikora
- 12:00-12:10 **Changes in Bile Acids After Bariatric Surgery**  
Speaker: Dr. Tony Chetty
- 12:10-12:55 **Panel Discussion**
- 12:55-13:00 CLOSING REMARKS**  
Speaker: Dr. Laurent Biertho



# President's Cocktail Reception

Sheraton on the Falls Hotel  
Niagara Falls, ON

Friday, May 19, 2017  
5:30pm - 7:30pm

**Pre-registration is required.**



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## HELPFUL HINTS AND INFORMATION



### Conference Registration

You may register online at the conference website **[cabps.ca/Conference2017](http://cabps.ca/Conference2017)** or download the registration form and send it to the conference office by fax or email.



### Hotel

The special hotel rates will be in effect three (3) days prior to the conference and three (3) days post conference. Please make your hotel reservations online at the conference website: **[cabps.ca/Conference2017](http://cabps.ca/Conference2017)**



### Conference Dress Code

For all conference activities, the acceptable dress code will be business casual.



### Things to do in Niagara Falls

Visit our website at **[cabps.ca/Conference2017](http://cabps.ca/Conference2017)** and go to the **Discover Niagara** page for information on things to do, places to go and where to eat.



**CONFERENCE OFFICE:**  
**Canadian Association of Bariatric Physicians and Surgeons**  
2800 - 14th Avenue, Suite 210, Markham, Ontario L3R 0E4  
Tel: (416) 491-2886 Fax: (416) 491-1670  
Email: [conference@cabps.ca](mailto:conference@cabps.ca) Website: [cabps.ca](http://cabps.ca)

**CABPS.CA**